



Setjhaba se ratehang sa CUT

Jwalo ka ha ho ne ho lebelletswe, dithswaetso tsa COVID-19 di ntse di eketseha ka hara ya Aforika Borwa. Taba ena e baka tsitsipano le tshabo hara baahi haholoholo ho lona ba ileng ba kgutlela mosebetsing mokgahlelong wa boraro wa kgino ya ditshebeletso. Re a eellwa hore le tshohile mme re rata ho le tiisetsa hore polokeho ya lona mosebetsing e hlokolosi ho rona. Re itlamba ho le tshehetsa ka hohlehohle ka moo re ka kgonang ho nnetefatsa hore le sebetsa sebakeng se bolokehileng nakong ena e boima. Ke rata ho le hlaba malotsana ka tsohle tse ntseng di etsahala CUT:

Dithuto khempaseng le dithuto ka marangrang: Dithuto khempaseng di qadile ka la 15 Phupjane 2020. Ka 1 Phupjane 2020 baithuti ba 127 ba dithuto tsa kalafo ba ile ba kgutlela khempaseng ho qala thupelo ya bona mokgahlelong wa bone wa kgino ya ditshebeletso. Dihlopha tse ding tse pedi tsa baithuti di ile tsa boela khempaseng mokgahlelong wa boraro wa kgino ya ditshebeletso. Sehlopha sa bobedi se thakgotse dithuto tsa sona ka la 29 Phupjane 2020 mme sehlopha sa boraro se tla simolla dithuto ka la 6 Phupu 2020. Baithuti ba kgutlileng mokgahlelong wa boraro ke ba neng ba hloka ho sebedisa dilaborathori le disebediswa tsa setekgeniki. Baithuti ba ntseng ba le lapeng ba ntse ba tswelapele ho ithuta ka marangrang.

Ha jwale re ntshitse diphemiti tse 4201 ho dumella baithuti ho kena dikhempaseng tsa rona. Tse 3155 ke tsa baithuti ba khempase ya Bloemfontein ha tse 1046 di filwe ba khempase ya Welkom. Re ile ra fa baithuti ba bang hape ba 113 ba neng ba hloka tshehetso ka marangrang diphemiti mme ba 52 ba dula dihoseteleng ha ba 61 bona ba dula ka ntle ho khempase. Ka la 1 Phupu 2020 barupedi ba 190 ba ne ba se ba kgutletse mosebetsing, ba 160 khempaseng ya Bloemfontein mme ba 30 khempaseng ya Welkom. Ka la 6 Phupu 2020, re lebelletse baithuti ba 5470 (ba 3995 Bloemfontein le ba 1475 Welkom) le barupedi ba 232 (ba 186 Bloemfontein le ba 46 Welkom) ho kgutlela dikhempaseng tsa rona.

Dihosetele tsa CUT: ha jwale ke baithuti ba 145 ba seng ba kgutletse dihosetele khempaseng ya Bloemfontein mme re lebelletse ba bang ba 53 ka la 6 Phupu 2020. Hoseteleng ya Welkom ho kgutlile baithuti ba 41 mme ba 50 ba tla kgutla ka la 6 Phupu 2020. Ka kakaretso re tla ba le baithuti ba 289 dikhempaseng tsa rona ka bobedi ho bolelang hore baithuti ba ke ke ba tloa 33% ho latela dipehelo tsa kgino ya ditshebeletso.

Baithuti ba matjhaba: Ofisi ya rona ya matjhaba e dula e buisana le baithuti ba rona ba matjhaba ba lapeng le ba mose. Re se re romelletse baithuti ba rona ba dulang Maseru disebediswa mme re tla le tsebisa ka dibaka tse ding beke e tlang. Re ntse re sebedisana le Vodacom SA hore ba bule mehala eo re e romelletseg baithuti ba dulang ka ntle ho naha ya Aforika Borwa. Vodacom ya Lesotho e re nnetefeditse hore e abetse baithuti ba fileng ofisi ya matjhaba dintlha tsa bona datha. Re entse ditlhophiso tsa hore baithuti ba rona ba dulang Botswana le Namibia ba fumane disebediswa le datha. Baithuti ba dithuto tsa *Master's* le tsa Bongaka ba ntse ba buisana le batataisi ba bona ka marangrang.

Ditlhophiso khempaseng: ka ntle ho tlhahlobo ya COVID-19 e etswang makenong a dikhempase, re kentse metjha e meng hape. Re hlomme diteishene tse ka bang 500 tsa dibolayadikokwanahloko meahong ya dikhempase tsa rona ka bobedi hore batho ba hlwekise matshoho a bona kgafetsa. Mosebetsi e mong le e mong o tla fuwa di-*mask* tse pedi tse tla kenywang ka dinako tsohle ha a le khempaseng. Basebetsi ba ikopanye le Mme Rose Khwane ho rkhwane@cut.ac.za hore ba fumane di-*mask* tsa bona athe baithuti ba tla fumana tsa bona ho Monghadi Thapelo Mogashoa ho smogashoa@cut.ac.za.

Ka kopo, o nne o etele: [COVID-19 Information Hub](#) ho fumana tlhahisolesedi e sehlohlolong hape o iphumanele epe ya tlhahlobo hore o se senyehelwe ke nako ha o kena khempaseng. Kena ho: healthcheck.higherhealth.ac.za; WhatsApp: 0600 110 000 <https://wa.me/27600110000?text=hi>; kapa USSD line: *134*832*2#.

Disebediswa le datha: Re tlo abela baithuti ba rona di-*tablet* tse 2 294 mafelong a beke e latelang. Ho sa na le di-*tablet* tse setseng mme re kopa hore baithuti ba di hlohang ba ikopanye le rona hore ba di fumane. Ke tshepa hore barupedi ba rona ba tla re thusa ho fetisa molaetsa ona ho baithuti. Fumana dintlha tse batsi leqepheng la boraro. Re tlo abela baithuti ba 13 000 (ba tshehetswang ka ditjhelete ke NSFAS le Fundza Lushaka) mmoho le baithuti ba ka bang 7500 (ba itefellang dithuto tsa bona) datha ya boleng ba 30 *gig* (10 *gig* ya motshehare le 20 *gig* ya bosiu) nako ya dikgwedi tse tharo ho tloha ka 1 Phupu 2020. Mokgatlo wa Baithuti (SRC) dikhempaseng ka bobedi o dumetse ho sebedisa karolwana ya tjhelete ya bona ho thusa morerong ona mme Komiti ya Batsamaisi (Mancom) e tla tlatselletsisa tjhelete ena. Ena e feela e le ketso e bontshang mosa le ketapele e ntle!

Tshehetso ya boitekanelo: Basebetsi ba rona ba wellness@cut.ac.za ba ntse ba beilwe leihlo ka dinako tsohle ho fana ka thuso moo ho hlokehang. Re na le mehala e tsheletseng moo di-*psychologist* tsa rona le basebeletsi ba setjhaba ba fanang ka tshehetso athe le *psychiatrist* ya rona e dula e le malalalaotswe ha o hloka thuso e potlakileng. Basebetsi ba rona khempaseng ya Welkom ba sebedisa ditsela tse mmalwa tsa marangrang ho tshehetsana hape ho na le dithupelo tse mabapi le boitekanelo ba basebetsi ba rona. Ho feta mona, le ka nna la kopa thuso ho CareWays ka ha ba fa basebetsi ba rona le bamalapa a bona ditshebeletso tse fapafapaneng mabapi le boitekanelo. Ikopanye le Careways ho 0800 004 770 (nomoro ya mahala | WhatsApp 066 488 2273 (ngola molaetsa) | Romela lebitso la hao ka SMS ho 31581 | Imeili care@carewaysgroup.com / ewp@carewaysgroup.com).

Ho tswelapele ho tshehetsa basebetsi ba rona, Careways e tlo hlophisa dikopano ka marangrang ho tloha kgwedeng ya Phupu ho ya ho ya Phato 2020. Dikopano tsena di tla fana ka maele mabapi le: Ho sebeletsa lapeng, Ho laola kगतello nakong ya kgino ya ditshebeletso, Kगतello le ho tiiya moyeng nakong ya kgino ya ditshebeletso, Boitekanelo kelellong nakong ya kgino ya ditshebeletso le tse ding tse amanang boitekanelo. Re tla le tsebisa matsatsi a dikopano le hore le ka ba le kabelo jwang lesedinyaneng la basebetsi la *Thutong Today*.

Fumana dintlha tsa batho bao o lokelang ho ikopanya le bona ha o hloka thuso leqepheng la ho qetela.

Re ntse re tsitlallela ho thusa baithuti ba rona ho atleha selemong sena sa dithuto le ho tshehetsa basebetsi ba rona. Ke lebohela tshehetso ya lona! Batsamaisi ba lebohela tshehetso, kabelo le boetapele ba NEHAWU le NTEU ho thusa Batsamaisi ho nnetefatsa hore basebetsi ba bolokehile. Re rata ho le hlokomedisa hore re tseba boima boo le bo jereng nakong ena. Re batla ho le nnetefaletsa hore ha le bang phepetsong ena! Le ha ho le jwalo, re dumela hore boima bona bo tla re matlafatsa ho feta pele bo boele bo re kopanye re le setjhaba sa CUT le sa Aforika Borwa ka kakaretso. Ha re ikokotleleng ka mantswe a reng tlokotsi e ntsha mokgwa wa motho. Itlhokomeleng!

Ditumediso tse mofuthu

Prof. Henk de Jager
Motlatsatjhanselara le Hlooho

Dintlha tsa bohlokwa



Dithutong

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Dihosetele

Mookamedi

ssepeng@cut.ac.za



Baithuti ba matjhaba

Moalodi: Ofisi ya matjhaba

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Ditlhophiso tsa khempaseng

Scanning tool for access

Download: healthcheck.higherhealth.ac.za

WhatsApp: 0600 110 000 <https://wa.me/27600110000?text=hi>

USSD line: *134*832*2#



Disebediswa le datha

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Ethuto

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Tshehetso ya boitekanelo

StuComm App

ER24: 084 124

CareWays: 0800 004 7700 | SMS 31581 | care@carewaysgroup.com

CUT Wellness: wellness@cut.ac.za



Lesedi mabapi le COVID-19

<https://www.cut.ac.za/coronavirus>