



Central University of
Technology, Free State

ONLINE LEARNING

AT A GLANCE



40% of students
will continue with
remote learning.



Online learning
platforms
remain in place.



Make use of the
online learning
support structures.



Consult the Level 2-
adapted Academic
Calendar.



Completing the
2020 academic year
remains a priority.



- Ensure that you have the correct equipment.
- Keep your equipment safe and secure.
- Keep your equipment charged to avoid problems during loadshedding.
- Ensure that you have connectivity.
- Keep your work safe and backed up.
- Check into online learning sessions.
- Communicate with your lecturers and fellow students continuously.



- Create a designated study space.
- Keep track of your progress.
- Keep a list of tasks to complete every day.
- Prioritise your daily tasks.
- Limit distractions.
- Take breaks.



Monitor your own health, and be aware of any possible symptoms. Remain active, and follow a healthy diet. Minimise close contact with others, and stay safe.



Be responsible about your mental health and well-being. Make use of all the CUT support structures. Be proactive, and do not only reach out when you need help.

Important contact details:

<https://www.cut.ac.za/studying-remotely>

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